



To register or for more information, call 757-886-6511 or e-mail delores_price@bshsi.org

Raising Safe Kids

For parents of children — birth to 8 years old.

Raising Safe Kids is an interactive parenting program that will help you:

- Understand your child's behaviors, and the ages and stages of development.
- Learn to use positive ways to discipline your child.
- Learn to teach children how to control their anger.
- Understand and manage your own angry feelings.
- Learn to resolve conflicts with others in a positive nonviolent way.
- Learn what you can do to reduce the impact of media violence on your child's behavior.
- Understand how children become involved with violence and the consequences.

Bon Secours Family Focus and the American Psychological Association are sponsoring this parenting program.

Thursdays, October 1 to November 19, 2015, from 6:30 to 8:30 p.m.

Bon Secours Mary Immaculate Hospital Health Resource Center

2 Bernardine Drive, Newport News, VA 23602

FREE!

Bon Secours
FAMILY FOCUS

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